peaceful

MOMENTS

A soothing bathroom and yoga room draw inspiration from nature and serve as a quiet sanctuary in an Atlanta home.

Writer and Stylist: Joie Winny  Photographer: Emily Rishell
"MY CLIENT EMPHASIZED THE NEED FOR A SPACE WHERE SHE COULD FOCUS ON TAKING CARE OF HERSELF."

Karen Ferguson, Interior Designer

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The combination of natural light and yoga room, adjacent exercise room, provides a meaningful sanctuary within the Atlanta home. "My client has a demanding job, so she emphasized the need for a space where she could mentally escape and focus on taking care of herself," Ferguson says. "It's a destination for morning sun salutations... and an energizing shower before work or a needed evening meditation followed by a hot soak in the tub."

Karen Ferguson of Interior Design says, "The bathroom's design is clean-lined and sophisticated, and because it is the house's master bath, it carries only minimal cabinetry and storage. The space has new construction, giving Ferguson a blank slate to play with, and ample opportunities to keep the entire space light, open, and quiet. Ferguson targeted the same floor-to-ceiling limestone walls the floors, which creates the perfect contrast for the white marble." Ferguson says, "The glass walls on the same material almost disappear against the wall.

In the adjacent yoga room, stone walls provide a soothing connection to nature, while large-scale mirrors and a born-in-the-satellite space, Ferguson designed for a lively lighting for two reasons: "Roves is a smooth surface that naturally reflects and softens light," she says. "Roves is also a luxurious, easy-care finish on the joints."